

# Monroe-Gregg School District



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## Cafeteria Reminders Program Year 2021-22

Every student is eligible to receive a Free reimbursable Breakfast and a Free reimbursable lunch each day, regardless of financial need, through school year 2021-22.

All Monroe-Gregg schools operate on Offer-vs-Serve. This means that students will be offered the maximum requirement of Protein, Grain, Fruit, Vegetable, and Milk but they may choose to turn down some components.

High School and Middle School students may turn down 2 items BUT they MUST have at least ½ Cup of either fruit or vegetable or a combination of the two. An example of this is:

Max Student can take:

Chicken Patty on a Bun  
(HS) 1 C Fruit, 1 C Vegetable  
(MS) ½ C Fruit, ¾ C Vegetable  
Milk

Student Chose:

Chicken Patty on a Bun  
½ C Raw Carrots

Pre-portioned ½ cup servings of fruit are at the Cashier stand if the student fails to pick up the required fruit or vegetable themselves.

If the student does not want the free meal, they may **purchase** meal items ala carte if they have money in their lunch account.

Elementary Students may turn down 1 item BUT they MUST have at least ½ Cup of either fruit or vegetable or a combination of the two.

The same rule applies to the Free reimbursable Breakfast. Every Free breakfast **MUST** have three components, one being a juice or a ½ cup fruit. An example of this for all three schools:

Max Student can take:

Mini French Toast  
Fruit Juice  
½ cup Fruit  
Milk

Student Chose:

Mini French Toast  
Fruit Juice  
Milk

If your student has a special dietary need, such as milk intolerance, please send us your request for meal modification. Soy milk is available upon request provided notification from a parent or doctor is on file.

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