





Monrovia Athletics -- Re-Entry Plan

	Phase I	Phase II		Phase III
	July 6th - July 19th (Re-Entry)	July 20th - August 2nd (Normal Summer)	August 3rd - August 14th (Fall Sports Season)	August 15th
School Facilities	Essential Personnel ONLY - No Parents, Spectators, Etc...			Spectators and media can be present but should social distance
Participation	<p>15 Total Hours on Campus/Week</p> <p>All Summer Activities are Voluntary</p> <p>Conditioning *4 sessions / week *1 - 2 hr. session / day</p> <p>Sport Specific Activity *2 sessions / sport / week *1 - 2 hr. session / day *Same Sport may NOT have activity on consecutive calendar days *Fall athletes only attend Fall Sports Workouts</p>	<p>Normal Summer Rules and Guidelines</p> <p>Girls Golf Starts Official Practice on July 31st</p> <p>Football can now wear helmets, shoulder pads, mouthpieces & girdles</p>	<p>FALL SPORTS PRACTICES BEGIN. NORMAL IHSAA RULES AND REGULATIONS</p>	<p>FALL SPORTS COMPETITIONS BEGIN</p>
Gathering Sizes	Activity Groups of no more than 20/group/facility. Social distancing is encouraged.	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, etc. Social distancing is encouraged.	Decreased as much as possible to reduce risk - 50% Capacity in large areas (weight rooms, wrestling rooms, et. Social distancing is encouraged.	Decreased as much as possible to reduce risk - Larger than 50% Capacity in large areas is allowed if you must. Social Distancing is encouraged.
Screening	Any person with symptoms is referred to his or her primary care provider and not allowed to participate. Coaches will screen student-athletes prior to each workout. Daily records must be kept by all teams/coaches and reported to the Monrovia Athletic Office. Temperatures <i>may</i> be taken if students/coaches report symptoms.			
2020-21 Athletic Physical Status	All athletes must have a valid 2019-20 or 2020-21 IHSAA Physical on file & all Rank One online paperwork completed before they may participate in workouts			
Weight Room	No Weight Room Usage	Groups reduced to 25 students. *Subject to change* All groups must closely follow proper cleaning procedures	Groups reduced to 40 students. *Subject to change* All groups must closely follow proper cleaning procedures	Groups reduced to 50% capacity. *Subject to change* All groups must closely follow proper cleaning procedures

		proper cleaning procedures	proper cleaning procedures	proper cleaning procedures
	Phase I	Phase II		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
	(Re-Entry)	(Normal Summer)	(Fall Sports Season)	
Equipment	If equipment must be shared, this equipment should be cleaned prior to use and immediately following usage. (Pads, balls, etc.)			
Appropriate Clothing	All Athletes should wear appropriate clothing, shoes, etc... at all times! T-Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! T-Shirts are required at ALL times.	All Athletes should wear appropriate clothing, shoes, etc... at all times! T-Shirts are required at ALL times in the weight room.	All Athletes should wear appropriate clothing, shoes, etc... at all times! NFHS approved clothing is approved per sport.
Locker Rooms	NO LOCKER ROOM USE - athletes should report in proper gear and return home to shower at the conclusion.	Locker Rooms are OPEN - Practice Social Distancing when possible. If locker rooms or meeting rooms are used, 50 percent capacity is recommended.		Locker Rooms are OPEN at 50% Capacity. Practice Social Distancing when possible. *If 50% capacity at competitive events creates a hardship and impacts the hygiene or safety of students, a 50% + capacity is allowed.
Face Coverings	<u>Students:</u> Allowed, if doing so is not a health risk <u>Coaches:</u> Required, unless during activity			Allowed, if doing so is not a health risk.
Pick-up / Drop-off	Students are asked to be dropped off with their workout/practice gear in hand and report to their coach/team for daily attendance/screening. Students that drive themselves to park their vehicle in the parking lot and immediately report to their coach for attendance/screening.			
Student-Athlete Responsibility	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds.	Students are expected to shower at home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds or thoroughly use hand sanitizer.	Students are expected to shower at school or home, wash workout clothing immediately after, wash hands for a minimum of 20 seconds or thoroughly use hand sanitizer.	
Hydration Stations	No use of shared Hydration Stations - Personal Water Bottles ONLY. Paper cups may also be used when water bottles aren't available.			

Hydration Stations	NO USE OF SHARED HYDRATION STATIONS - PERSONAL WATER BOTTLES ONLY. Paper cups may also be used when water bottles aren't available.			
Transportation	NO TRANSPORTATION			Each team will need to follow their individual cleaning procedures for all transportation
	Phase I	Phase II		Phase III
	July 6th - July 19th (Re-Entry)	July 20th - August 2nd (Normal Summer)	August 3rd - August 14th (Fall Sports Season)	August 15th
Competition	NO COMPETITION WITH OTHER SCHOOLS	NO FORMAL COMPETITION (Formal Competition is considered an in-season contest.) No Outside Competition (scrimmages)	No Formal competition - exception Girls Golf (July 31st).	FORMAL COMPETITION BEGINS (with fans)
Contact Sports	NO CONTACT	CONTACT IS ALLOWED - As defined by Indiana High School Athletic Association		
Alternate Command Structure	Command Structure for Coaching Staff should be established in case of illness.			
Facility Maintenance	Cleaning Schedules will be implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules will be implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules will be implemented for all Facilities and Equipment. Coaches will need to help maintain sanitation.	Cleaning Schedules will be implemented for all Facilities and Equipment. Coaches and students will need to help maintain sanitation.
Celebratory and Sportsmanship Acts involving Contact	PROHIBITED			MODIFIED SPORTSMANSHIP PRACTICES SHOULD BE OBSERVED (post-game handshake may be altered)